

P r e v e n t i o n a n d T r e a t m e n t W o r k s !



Paddlers in the 2003 Canoe Journey make their way to the Tulalip Tribe. Support from the Division of Alcohol and Substance Abuse helps to provide culturally appropriate prevention strategies, such as the year-long skill building, opportunities and positive recognition that Native youth receive while preparing for the Journey. (Photo by Doug North).

Events & Successes



Washington State Department of Social and Health Services, Division of Alcohol and Substance Abuse

Message from the Director

I am proud to share this calendar of 2004 alcohol and other drug awareness and training events. The calendar also highlights a number of prevention and treatment success stories in Washington State gathered over the last two years.

Thanks to valued partnerships with community, county, tribal, state and federal organizations, we can provide resources to increase knowledge and skills throughout our workforce and to advocate for drug prevention, intervention, and treatment needs. Our partnerships have made it possible to highlight some of the remarkable people, effective programs, and compelling data that clearly demonstrate the benefits of prevention and treatment, as well as the significant unmet needs for services.

By putting a face on the people, families, and communities that are helped by publicly funded prevention and treatment services, we help local and state policy makers place a higher priority on funding adequate prevention and treatment services. When we show that anyone can become afflicted with alcoholism and drug dependency, we help to erode the social stigma directed at people with this disease.

Stigma continues to be a huge barrier standing in the way of our family members, friends, and co-workers seeking help for their alcoholism and drug dependency. Educating the public about the proven effectiveness of treatment and prevention, and the resulting cost savings in unemployment, crime and violence, and health care, are major issues facing our field today, and will continue to receive priority attention from DASA.

With help from our prevention, intervention, and treatment partners, and the people they serve, we can continue to bring success stories each year to media, policymakers and advocacy groups — stories of real people and the difference prevention and treatment have made to them, their families, and their communities.

To share your success stories and events for the 2005 calendar, please contact Deb Schnellman at schneda@dshs.wa.gov or (360) 438-8799.



Ken Stark has been DASA's director for 15 years. He has been actively involved at both the federal and state levels in substance abuse policy development, research and evaluation. Ken has represented Washington State on the National Association of State Substance Abuse Directors' (NASADAD) Board of Directors since 1994. NASADAD recently presented Ken with a service award in recognition for his outstanding leadership.

The Mission of the Department of Social and Health Services is to improve the quality of life for individuals and families in need.

We will help people to achieve safe, self-sufficient, healthy, and secure lives.

The Division of Alcohol and Substance Abuse promotes strategies that support healthy life-styles by preventing the misuse of alcohol, tobacco, and other drugs, and support recovery from the disease of chemical dependency.

To succeed in its Mission, the Division of Alcohol and Substance Abuse is dedicated to building collaborative partnerships with communities, tribes, counties, service providers, schools, colleges and universities, the criminal justice system, and other agencies within the private sector and within local, state and federal governments. The Division is committed to ensuring services are provided to individuals and communities in ways that are culturally relevant, and honor the diversity of Washington State.

During 2004-2009, the Division of Alcohol and Substance Abuse will be fulfilling its mission through addressing the following priorities:

- ❑ Closing the Treatment Gap
- ❑ Providing Treatment Alternatives to Incarceration
- ❑ Fulfilling Our Responsibility as a Federally Recognized Opiate Substitution Treatment Accreditation Body
- ❑ Reaffirming Our Commitment to Science-Based Targeted Prevention
- ❑ Bridging the Gaps Between Research, Policy, and Practice
- ❑ Developing a Strong Workforce

Joint Project Receives Governor's Award for Improving Services to Medically Vulnerable People

The Medical Cost Offset project, an innovative approach in shifting Medicaid dollars to provide earlier and faster drug and alcohol treatment for clients identified with serious medical disabilities, was recently selected to receive the Governor's Quality and Performance Award.

The project, which was a joint effort by the Medical Assistance Administration (MAA), the Division of Alcohol and Substance Abuse (DASA), and the Research and Data

Analysis (RDA) Division, was recognized for its work in strengthening the safety net for some of Washington's most vulnerable populations with efficiencies that actually lowered the cost of their medical benefits for state taxpayers by millions of dollars.

RDA's analysis showed that the total monthly cost of treating Medicaid clients who needed drug or alcohol treatment but did not receive it averaged \$1,371, while those clients who participated in the screening had costs of only \$957 per client, including treatment costs. Savings of \$252 per month per client totaled



Front row from left: Sally Lambert, Columbia River Mental Health; Amy Bohn, citizen representative; Dr. Elizabeth Kohlenberg, RDA; Donna Bosworth, Thurston County Public Health and Social Services; Fred Garcia, DASA; Dr. Sharon Estee, DASA; Gov. Gary Locke; Dr. Daniel Nordlund, RDA. Back row from left: Shelly Player, citizen representative; Corki Hirsch, DASA; Alice Collins, citizen representative; Cleve Thompson, Clark County Department of Community Services; Pennie Newman, Pierce County Human Services; Tom Bedell, MAA – Dr. Antoinette Krupski, DASA.

\$2.5 million over the course of a year.

"This was a success by every measurement," Gov. Gary Locke said. "Not only did these clients show better outcomes and require less expensive medical care, but those who received the alcohol or drug treatment earlier and faster were also 16 percent less likely to be re-arrested than those who needed the treatment but did not get it." DASA's Director, Ken Stark, said the challenge for the state now will be to apply the project's lessons to the estimated 15,000 Washington residents who would benefit from similar treatment options. "Put simply, three dollars in costs are saved for every one dollar spent on alcohol or other drug treatment."



DASA's Citizens Advisory Council

The Citizens Advisory Council on Alcoholism and Drug Addiction (CAC) is a group of dedicated volunteer advocates who advise and recommend to the Department of Social and Health Services rules, policies, and programs for residents of Washington State. These programs benefit individuals and their families with alcoholism/addictions, families and individuals in high risk environments, and the larger community.

CAC members consist of people who have been in recovery for a minimum of two years, and others who have demonstrated concern about alcoholism and drug addiction. They represent business, organized labor, judiciary, and minority communities.

The CAC is always looking for individuals who can contribute to our ongoing work of advising the Department of Social and Health Services about providing quality substance abuse-related services, and working with communities to reduce the impact of alcoholism and other drug addiction. For more information, contact Larry Carter, CAC Chair, at lcarte8@msn.com, or Doug Allen, DASA, allende@dshs.wa.gov or (360) 438-8060.



Larry Carter

State and National Drug Education & Awareness Resources

- ❑ **Washington State Alcohol/Drug Clearinghouse:** <http://clearinghouse.adhl.org> or 1-800-662-9111
- ❑ **Partnership for a Drug Free Washington and America:** www.drugfree.org or (360) 438-8799
- ❑ **Washington State Tobacco Prevention Media Campaign:** www.doh.wa.gov/tobacco
- ❑ **Washington State Mentoring Partnership:** www.mentoring.org.
- ❑ **ONDCP National Anti-Drug Media Campaign:** www.mediacampaign.org
- ❑ **Leadership to Keep Children Alcohol-Free:** www.alcoholfreechildren.org
- ❑ **Facing Alcohol Concerns Through Education:** www.faceproject.org
- ❑ **National Association of State Alcohol/Drug Abuse Directors and National Prevention Network:** www.nasada.org
- ❑ **Join Together:** www.jointogether.org
- ❑ **National Council on Alcoholism and Drug Dependence:** www.ncadd.org
- ❑ **Community Anti-Drug Coalitions of America:** www.cadca.org
- ❑ **Western Center for the Advancement of Prevention Technologies:** www.westcapt.org

Visit Event Calendars Online For The Latest Updates:

- ❑ **DSHS Division of Alcohol and Substance Abuse:** www1.dshs.wa.gov/dasa
- ❑ **Washington State Alcohol/Drug Clearinghouse:** clearinghouse@adhl.org
- ❑ **Alcohol and Drug Abuse Institute:** <http://depts.washington.edu/adai/training/events.htm>
- ❑ **Northwest Frontier Addiction Technology Transfer Center (NFATTC). Training Calender.** www.nfattc.org/education.htm
- ❑ **University of Washington School of Social Work Continuing Education.** depts.washington.edu/sswwweb/ceindex.html
- ❑ **The Workshop Calendar: Northwest Region.** www.workshopcalendar.com/filter_nw.php
- ❑ **CSAT Treatment Improvement Exchange - Calendar of National Events:** www.treatment.org/calendar/calendar.asp

National Mentoring Month 2004

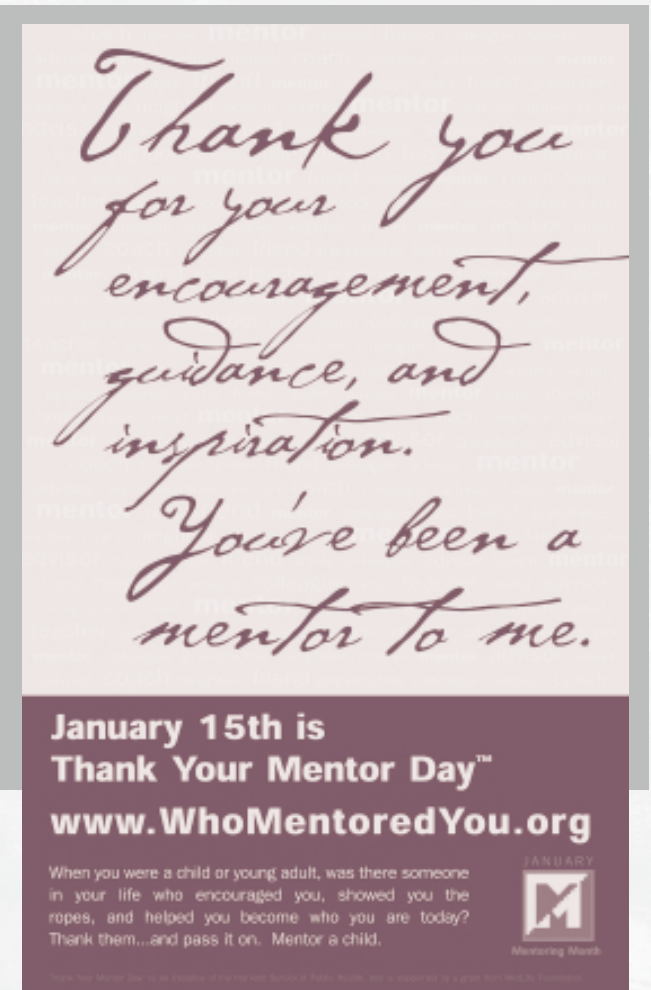
National Mentoring Month is a nationwide effort to recruit volunteer mentors for young people who are at risk of not achieving their full potential. Research has shown that volunteer mentors can play a powerful role in reducing drug abuse and youth violence, while greatly enhancing a young person's prospects for leading a healthy and productive life.

The theme for National Mentoring Month 2004 is "Who mentored you? Thank them...and pass it on!" The idea behind "Who mentored you?" is to help people connect with the importance of mentoring by encouraging them to think about individuals in their lives during their formative years - family members, teachers, coaches, ministers, neighbors, employers, friends - who encouraged them, showed them the ropes, and helped them become who they are today. The campaign's message is that, today, too many young people do not get enough of that kind of support; mentoring programs can help fill the gap but more volunteers are needed.

The centerpiece of Mentoring Month is "Thank Your Mentor Day", which will be celebrated on January 15. On that day, millions of Americans are expected to reach out to thank or honor those individuals who encouraged and guided them, and who had a lasting impact on their lives.

Thank Your Mentor Day^(tm) will promote "Three Ways to Honor your Mentor":

- Contact your mentor to express your appreciation;
- "Pass it on" by volunteering as a mentor to a child in your community. Visit www.Mentoring.org to learn more about becoming a mentor;
- Visit WhoMentoredYou.org to share with others the lessons and insights that your mentor taught you.



For more information about mentoring

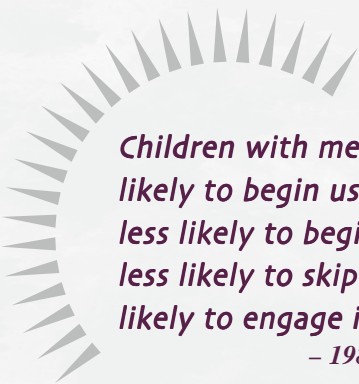
Contact Thomas Pennella, DASA's Mentoring Program Manager, at (360) 438-8494 or email: pennetx@dshs.wa.gov

Go to www.mentoring.org , or call 1-888-432-MENTOR for information about mentoring, including a directory of over 140 Washington mentoring programs, maintained by DASA. www.WhoMentoredYou.org provides more information about National Mentoring Month.

Tom Pennella and his mentee, Elijah



"There were always experienced people who I could reach out to, mentors who were interested in how I developed and if I succeeded, who aided me throughout my life and kept me from feeling alone. Mentoring is as much a learning experience for the mentor as the mentee. In the long run, you're going to get more out of it than you put in."
– Tom Pennella



Sunday	Monday	Tuesday	wednesday	Thursday	Friday	Saturday
National Mentoring Month Contact: Washington State Mentoring Partnership at (360) 438-8494 or www.mentoring.org				1 New Year's Day	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 Birthday of Martin Luther King Jr.	20	21	22	23	24
* 20-23 CADCA National Leadership Forum, Washington, D.C. Contact: www.cadca.org				25	26	27
28	29	30	31	* 29 DASA Citizens Advisory Council meeting, Lacey, (360) 438-8053		

Treatment Works for Pregnant and Parenting Women

DASA's Pregnant and Parenting Women (PPW) programs serve pregnant, postpartum, and parenting women and their children from birth-to-three. Pregnant and parenting women are a priority population for drug treatment services in Washington, due to the disturbing number of births of alcohol and drug-affected infants. PPW programs provide a comprehensive range of services, with the goals of stabilizing women and their young children, identifying and providing necessary interventions, and assisting women in gaining self-confidence as they transition from public assistance to self-sufficiency. These services include specialized case management that provides referral, support, and advocacy for substance abuse treatment and continuing care; long-term residential treatment that provides a positive recovery environment with structured clinical services; and housing support services for women and children, who stay up to 18 months in a transitional house.

Here are a few examples of how these programs have changed lives:

Mary

Mary, a PPW program client in her mid-twenties, is the mother of six children. Her parents were drug users and divorced by the time she was nine. At 16, she gave birth to her first child. She has since been involved in several relationships characterized by heavy drug use and physical abuse. She has lived in motels, a shelter, and on the streets. By the time she was pregnant with her sixth child, her other five children had been removed from her custody and placed in foster care.

After entering treatment, Mary gave birth to her sixth child. Upon completing treatment, she entered transitional housing and an outpatient drug treatment/aftercare program. Three of her children have since been reunited with her. She has received multiple

services including mental health counseling, medical care, childcare, parenting support, and WorkFirst employment training. She is currently studying for her GED certificate and working part-time. She has been alcohol and other drug-free for 16 months.

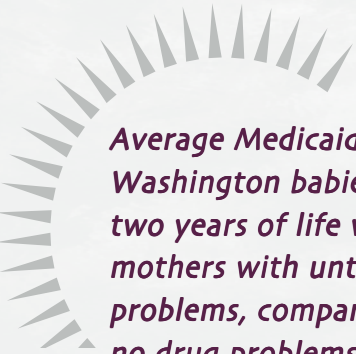
Jenna

Jenna was raised by an alcoholic mother in an unstable, chaotic environment. As an adult, she became dependent on alcohol and other drugs and was involved in several abusive relationships; she was hospitalized 35 times in one year for broken bones and other injuries. Jenna entered drug treatment and soon became enthusiastic about her opportunity for recovery. As part of her treatment, Jenna received help in working out her childhood issues, and began understanding how they affected her alcohol and other drug use. Jenna is in recovery and is receiving appropriate medical care, continued counseling, and the skills needed to stay drug free. Jenna's counselor describes her as an excellent mother and a positive role model for her peers.

Danielle

Danielle, 27, suffered from undiagnosed and untreated mental health issues since she was six. She was also a victim of sexual, physical, and emotional abuse. She began smoking marijuana at age 24 because it helped with her auditory, visual, and kinesthetic hallucinations. She had no individual mental health counseling prior to drug treatment.

Danielle is now receiving treatment for drug dependency and for her mental health needs. As a result of her commitment to staying drug-free, her partner has stopped smoking marijuana also. Danielle will be regaining custody of her children, and she and her partner are committed to providing a stable, drug- free environment for their family.



Average Medicaid costs for Washington babies during the first two years of life were double for mothers with untreated drug problems, compared to mothers with no drug problems (\$5,447 vs. \$2,648).
– Cawthon and Schrager, 1995

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 * 5 Chemical Dependency and Eating Disorders, Washington State Coalition on Women's Substance Abuse Issues, Burien. Contact www.wscwsai.org or 253-863-9667	6	7
8	9 * 9-15 National Children of Alcoholics Week Contact: National Association for Children of Alcoholics (888) 554-2627 Website: www.nacoa.org.	10	11	12	13 *13 9th annual Manana Coalition Prevention Conference, Seattle Center. Contact: Jenny Mojarro, (206) 461-4880 ext.168 or jenny@consejo-wa.org.	14
15 * 14 -17 National Youth Summit on Preventing Violence, Arlington, Virginia. Contact National Crime Prevention Council: http://ncpc.org/summit	16 Washington's Birthday	17	18	19	20 * 19-20 Region 3 and 4 Warm Beach Retreat, Contact: Ira Stallsworth, DASA, (360) 658-6892	21
		* 16-20 Substance Abuse Prevention Specialist Training, Eastern WA, contact: 877-301-4557 or grunedd@dshs.wa.gov				
22	23	24	25	26	27	28
	* 23-25 CSAT Methamphetamine & Marijuana Summit, Boise. Contact: www.samhsa.gov					
29						

Youth Create Drug-Free Mural in Seattle

In October an anti-drug community mural was unveiled at the Old Uwajimaya Building in Seattle. In conjunction with Project STEPS, and with the facilitation of the Muralist Rodney Camarce and Prevention Specialist, Chera Amlag, 18 youth from the 2003 WAPIFASA Summer Program created the mural, “Another World Is Possible Drug-Free,” to promote images of positive activities and healthy lifestyles. WAPIFASA stands for Washington Asian Pacific Islander Families Against Substance Abuse.



Gathered together are King County Executive Ron Sims, Dr. Alonzo Plough, Public Health Director and Health Officer, Youth of the WAPIFASA 2003 Summer Program, WAPIFASA Prevention Specialist, Chera Amlag, Project STEPS Coordinator, Francesca Ty Abellera, and Randy Hill of Marpac Construction.

Special thanks goes to Marpac Construction for all their help and generous contribution of supplies and volunteer time in installing and taking down the mural. The mural project was a collaborative effort of youth and dedicated community members in promoting a healthy environment for our youth and families.



More than one in three Washington children are exposed to an adult who misuses alcohol or other drugs.

– Washington Kids Count, 1999

Washington State Substance Abuse College Coalition

The College Coalition was established to help develop, implement and continue substance abuse prevention programs at all college and university campuses in Washington State. The coalition meets six times during the academic year on different campuses throughout the state to:

- ❑ Network and share programs, ideas and current prevention technologies;
- ❑ Help campuses with program development, implementation, and improvement;
- ❑ Sponsor, coordinate, and facilitate the annual Pacific Northwest Conference on Collegiate Wellness;
- ❑ Develop plans for surveying the prevalence of alcohol and other drug abuse on campuses.

The University of Washington’s Department of Housing and Food Services is responsible for planning College Coalition meetings, and for recruitment and membership. There are currently 44 public and private colleges, universities, and technical colleges represented on the College Coalition. The Liquor Control Board and Washington Traffic Safety Commission also collaborate with the College Coalition.

For more information about the College Coalition, contact Aaron Starks, DASA, (360) 438-8212, or Deborah Costar, College Coalition Chair, at (206) 543-2156.



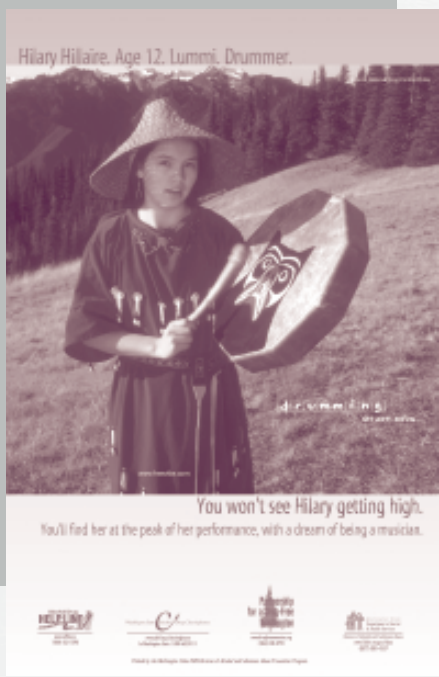
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
* 1-29 Bacchus and Gamma Safe Spring Break Contact: BACCHUS & GAMMA PEER EDUCATION NETWORK (303) 871- 0901. Website: www.bacchusgamma.org/						
* 2-8 National Collegiate Health and Wellness Week www.bacchusgamma.org/						
7	8	9	10	11	12	13
				* 11-14 National Student Assistance Conference, Florida. For safe and drug-free school coordinators, community coalitions, school resource officers and student assistance professionals working to meet the K-12 challenge of creating safe drug-free learning environments. Conference Website: www.nsac.info. 1-800-453-7733, lynn@prponline.net.		
14	15	16	17	18	19	20
		* 16 Chemical Dependency and Eating Disorders, Washington State Coalition on Women’s Substance Abuse Issues, Yakima. Contact www.wscwsai.org or 253-863-9667.		* 18 DASA Citizens Advisory Committee Meeting, SeaTac. Contact: (360) 438-8053		
21	22	23	24	25	26	27
* 21-27 National Inhalants and Poisons Awareness Week Contact: National Inhalant Prevention Coalition (800) 269-4237 or www.inhalants.org			* 24-26 OSPI Spring Collaboration Institute, Yakima Convention Center. Contact: (360) 725-6049 or sacton@ospi.wednet.edu			
* 22-26 DASA Statewide Client Satisfaction Survey, Contact: (360) 438-8629			* 24-26 Adults with Fetal Alcohol Spectrum Disorders: Swimming Upstream - A Reality Check. Conference. Vancouver, BC. Contact: http://www.interprofessional.ubc.ca			
28	29	30	31			
				* 31 Kick Butts Day - Campaign For Tobacco Free Kids Contact: National Center for Tobacco Free Kids (800) 284-KIDS Website: www.tobaccofreekids.org and www.kickbuttsday.org		

Drug Free Washington Month

Drug Free Washington Month is observed every April to raise awareness among Washington’s families and communities about drug prevention, and to celebrate the people who make prevention a success in their communities.

The theme for DFWM 2004 is “Show the World That We Can Be Drug Free”. The theme was submitted by Laura Michelle Dick, an 11th grade student at Lake Roosevelt High School in Nespelem. Laura and her winning theme were recognized at the October 2003 State Prevention Summit by Lt. Governor Brad Owen, and by the Colville Tribe’s Tobacco Prevention Program, which Laura participates in.

Prevention resources to distribute during Drug Free Washington Month, and throughout the year, are available from the Washington State Alcohol/Drug Clearinghouse, 1-800-662-9111 or clearinghouse@adhl.org.



ROOF Center Kids’ Place - Thurston County

Two years ago, a boy named John was such a problem that his teachers were instructed to evacuate classrooms when he became angry.

John met with school officials before school daily to develop a behavior contract, and he was required to carry the contract with him at all times. He required constant, close supervision and was failing in school.

Then John made it to the top of the waiting list for Kids’ Place, a state-funded program of Rochester Organization of Families (ROOF). Kids’ Place is an after-school and summer program serving 50 at-risk youth referred by school counselors and teachers. ROOF Center program director Kellie McNelly says “Kids’ Place uses a combination of evidence-based substance abuse and violence prevention programs, games, academic and creative work, and good, old-fashioned caring to achieve its results.”

John’s school recommended that Kids’ Place continue daily behavior contracts with John. After his first week in which he had no major discipline problems or misbehavior, McNelly pulled John aside to praise him for his wonderful week.



Tyler and Martin



Alberto, Josh, and Isreal

“It was like for the first time in his life, someone was proud of his behavior. He got on the bus that afternoon with his head held high. He was able to attend the entire summer program without having a daily behavior contract,” McNelly said.

John went on to do well academically the following school year, and did not have a behavior contract at school during the following 18 months.

Some other outcomes experienced by youth and families in this program:

- ❑ 70% of youth who began the year reading below grade level ended the year reading at, or above, grade level
- ❑ Youth who were involved in the best practice program Promoting Alternative Thinking Strategies were better able to identify their feelings and problem-solve at the end of the program

McNelly says the keys to Kids’ Place success are close communication with schools and providing transportation from schools to the program. The ROOF Community Resource Center is also home to the community’s clothing and food bank for families in need. Kids’ Place is staffed by one fulltime staff, three part-time staff, and volunteers, who are also a critical component of the program’s success.

Nearly one out of every five Washington 8th graders uses alcohol regularly. Teen drinking is associated with alcoholism, juvenile delinquency, teen pregnancy, school failure, unintentional injuries, and death.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
* Drug Free Washington Month Contact: Washington State Alcohol/Drug Clearinghouse (800) 662-9111, clearinghoues@adhl.org, or http://clearinghouse.adhl.org				1	2	3
* National Alcohol Awareness Month National Council on Alcoholism and Drug Dependence: (800) 622-2255 or www.ncadd.org/programs/awareness						
* Child Abuse Prevention Month Approximately one in four children in the United States lives with a parent who misuses alcohol or other drugs, placing them at increased risk for physical abuse or neglect. Contact: www.wa.gov/dshs/geninfo/endharm.html or www.preventchildabuse.org						
4	5	6	7	8	9	10
				*8 National Alcohol Screening Day For assistance with sponsoring an event, contact: National Mental Illness Screening Project, (781) 239-0071 or http://www.mentalhealthscreening.org/alcohol.htm		
11	12	13	14	15	16	17
18	19	20	21	22	23	24
* 19-23 Substance Abuse Prevention Specialist Training, Western WA, contact: Dixie Grunenfelder, 877-301-4557 or grunedd@dshs.wa.gov						
25	26	27	28	29	30	
* 25 - 30 29th Annual Northwest Indian Youth Conference, Rapid City, SD. Contact: Melanie TwoEagle (605) 867-5161						

The Fetal Alcohol Syndrome
Interagency Workgroup (FASIAWG)

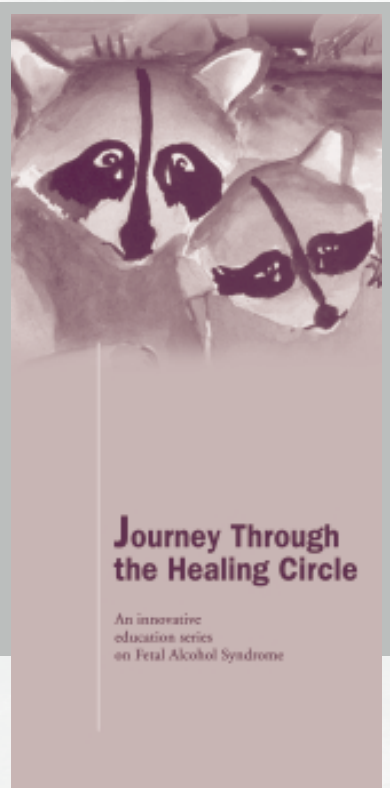
DASA and a diverse spectrum of programs helping individuals and families with FAS and Fetal Alcohol Effects (FAE) ensure coordination of identification, prevention, and intervention programs for children who have FAE and for women at high risk of having children with FAE.

The FASIAWG recently presented goals for Washington State for 2004 to the Governor’s Council on Substance Abuse. Some of the goals include:

- ❑ Including FAS as an eligibility category of the Division of Developmental Disabilities (DDD) in Washington State, regardless of the IQ level of the affected individual.
- ❑ Continue and expand the Washington State FAS Diagnostic and Prevention Network of clinics.
- ❑ Continue and expand the University of Washington’s Parent-Child Assistance Program, including regular hospital screening of pregnant and delivering mothers.
- ❑ Support Washington State native communities, migrant communities, and minority communities in their efforts to develop FAS prevention and intervention projects.

FAS and FAE are the leading known causes of mental retardation and are 100 percent preventable.

Each year, approximately 12,000 infants are born in the U.S. with FAS and FAE, suffering irreversible, lifelong physical and mental impairment.



Journey Through the Healing Circle is a series of videotapes, video CDs, and professionally illustrated workbooks. The series is narrated by Native American Storyteller Floyd Red Crow Westerman, who uses animal stories to talk about children with Fetal Alcohol Syndrome (FAS) and the problems families face with these effects. For more information contact the Washington State Alcohol/Drug Information Clearinghouse at 800-662-9111 or clearinghouse@adhl.org.

Riel House and Parkway Place

“When I first went to Riel House in 1998, I absolutely did not want to be there. I got there through CPS removing my five-month-old daughter, due to my alcoholism. Riel House took me in and showed me how my life could be if I chose to give recovery a try.”

“The women and children there became my family, and helped me see myself in a new light. Today, after several episodes of treatment and aftercare, I live in Parkway Place, transitional housing for women and children. I’ve been in recovery for one year, and I have my daughter back. If there hadn’t been places like Riel House or Parkway Place, where counselors understand because they’ve been there, women like myself who are lost and alone would die out here”.

“Riel House gave me hope, an understanding of my alcoholism, parenting skills and life skills. Parkway gave me a place to get started, and taught me how to budget my money and be a responsible, nurturing and healthy mother. Because of the help I received in these programs, I have a beautiful daughter, a home, and a relationship with my family again. Thank you.”
– Former Riel House Client

The rate of very low birthweight babies born to women who received drug abuse treatment was less than half that of untreated women.
– Cawthon, 1993

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
<div>* 9-15 Alcohol and Other Drug Related Birth Defects Awareness Week. Between 4,000 and 12,000 babies in the United States are born with fetal alcohol syndrome each year; many more have fetal alcohol effects. Website: www.ncadd.org/programs/awareness</div> <div>* 11-12 DASA Citizens Advisory Council Work Session, Spokane (360) 438-8053</div> <div>* 13 DASA Citizens Advisory Committee/County Board Summit, Spokane (360) 438-8053</div>						
16	17	18	19	20	21	22
<div>* 17-18 Strengthening Families and Communities Conference, Yakima Convention Center, Contact: DASA training section: 877-301-4557</div>						
23 30	24 31	25	26	27	28	29
<div>Memorial Day</div> <div>* 31 World No Tobacco Day Contact: American Association of World Health (202) 466-5883 Website: www.aawhworldhealth.org or www.who.int/</div> <div>* 26 - 28 Society for Prevention Research 12th annual meeting “Crossing Borders: Linking Prevention Science, Policy and Practice”. Canada. Contact: www.preventionresearch.org</div>						

Patty’s Story



My dream was to just quit doing drugs and get my life back. If I could only get my head out of my spoon long enough to do anything. I could not. As my addiction became bigger, my dreams became smaller and smaller.

My drug of choice, after trying them all, became heroin. I was in love with heroin; I traded everything of importance and/or value to be with my darling. My values were the first to slip away.

My life turned into heroin, treatment centers and jail. A judge would order jail or treatment. I knew I could get good time and work time in jail; so my choice became jail. I could return to my affair with heroin sooner.

One night I cried out from my foxhole of addiction, “please help me - I can’t stop, I am dying!” Two days later, my prayer was answered. I went to jail.

As my physical strength returned, so did my mental strength.

The light at the end of that long dark tunnel began to have the look of light, love, hope, and dreams, instead of the train of death.

It took me 10 months to detox to the point of feeling well enough to get a job. After completing treatment I went to meetings and did volunteer work. I found a mentor, a sponsor, and clean, safe, affordable housing.

Today I live a wonderful life in recovery. I am the Community Coordinator for Asian/Pacific American Consortium on Substance Abuse in Clark County. I am the person with “life experience” and I bring that as one of my assets. My experience, strength and hope can and will benefit others and prove that RECOVERY IS POSSIBLE!

– Patty Katz

Opiate Substitution Treatment (Methadone)



“Methadone treatment has made a wonderful change in my life, and my boyfriend’s life. I was in recovery for over four years when I relapsed. I spent 18 months depleting my bank account, losing a good-paying job, and trying to kick my addiction so many times I lost count. After my second time going through detox and completing treatment, I brought my boyfriend to the methadone clinic and I followed him in. We have both been on methadone since January 2003, and our lives have turned around. We can work full days and without worrying about whether we have enough dope to make it through the day and night. I am finally able to look forward to my life and the possibilities that I can make of it.”

– Cris Erekson

Facts about methadone treatment:

- ❑ “Prenatal Methadone treatment is associated with better prenatal care and lifestyle, and improved nurturance and family environmental conditions, which are important predictors of a child’s neurodevelopmental outcome. “
– Rosen & Johnson, *Developmental Brain Dysfunction*, November/December 1993
- ❑ “Methadone therapy is one of the longest-established, most thoroughly evaluated forms of drug treatment.”
– White House Office of National Drug Control Policy, 2000
- ❑ “Methadone treatment significantly lowers opiate drug use, reduces illness and death from drug use, reduces crime, and enhances social productivity.”
– Consensus Panel, *National Institutes of Health*, 1997
- ❑ Hospital admissions in Washington are significantly higher for opiate substitution treatment clients when they are not in treatment.
– Longhi & He, 2002

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
* Summer Drinking Awareness Kit Contact: National Council on Alcoholism and Drug Dependence www.ncadd.org/programs/awareness						
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
* 21-25 Substance Abuse Prevention Specialist Training of Trainers Central WA. Contact: Dixie Grunenfelder, 877-301-4557 or grunedd@dshs.wa.gov.						
27	28	29	30			
* 27 - July 1 3rd Annual DASA Treatment Institute, Seattle Pacific University, contact: DASA, 1-877-301-4557						
* 4 Saying It Out Loud Conference, Shoreline Conference Center, Seattle. Contact: Ira Stallsworth, (206) 272-2190.						
* 25-30 Research Society on Alcoholism, 27th Annual Meeting. Location: Vancouver, Canada. www.rsoa.org/meetings.htm						

Parent Trust

DASA provides funding for Parent Trust to help parents in treatment statewide learn how to be positive, nurturing and effective parents. Parent Trust shared the following stories about parents they have helped:

A mother in recovery recently spoke to guests at Parent Trust’s third annual Tea Party. Two of her children were present as she talked about how important it has been to heal her relationship with them. She said that the Parent Trust group was the only place she could go and have an in-depth focus on her parenting with others who could really understand. It was the only place she could talk about her guilt over what she had put her children through. And it was the main place where she got direct and honest feedback from people who cared about her. It was a very moving testimony to the powerful difference Parent Trust can make in people’s lives.

James grew up in a very dysfunctional family and was involved with drugs from the time he was small. He was a single dad with four out-of-control kids and virtually no parenting skills at the time he entered treatment. He was very resistant to the Parent Trust group when he first began attending, and barely participated. Gradually, over the six months he was in treatment, he began to change. As his children responded to his new approach, he saw that he could parent his kids in a healthy way. James became a positive discipline convert and even encouraged other parents who were struggling with their parenting.

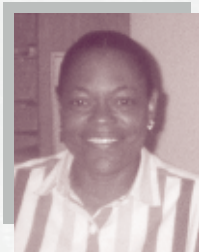


Children whose parents have untreated alcohol or other drug problems are three times more likely to be abused, and four times more likely to be neglected.

– Child Welfare League of America

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
Independence Day						
11	12	13	14	15	16	17
18	19	20	21	22	23	24
* 19-23 University of Washington Summer Institute –“Addiction and Mental Illness in Adolescence: Making Connections” Contacts: (206) 543-1047, cne@u.washington.edu, http://uwcne.org						
25	26	27	28	29	30	31
* 28-30 9th Annual National Prevention Symposium, Seattle Renaissance Hotel. Contact: Comprehensive Health Education Foundation at 1-800-323-2433 x1890 or www.chef.org.						

Helpline Manager Overcomes Odds to Win Scholarship



In 2002 Juanessa Scott, Office Manager at the 24-Hour Alcohol/Drug Helpline (ADHL), was awarded the Jackie Robinson scholarship from The Evergreen State College.

Juanessa was recognized for her academic achievement as well as her commitment to providing support and services to women released from prison. She has been inspired by a national organization, ‘Women of Purpose.’ She first came to the ADHL as a student volunteer in 2000. She is a registered counselor and is now pursuing a Bachelor’s Degree from Evergreen State College. Her next academic goal is to complete a Master’s degree in Rehabilitation Counseling.

Juanessa’s successes are even more remarkable in light of where she came from. “Because of my background of addiction and criminal behavior I was incarcerated for two years” Juanessa said. “I have been drug-free for seven years, and my new life in recovery has allowed me to achieve many things. I am committed to establishing housing for women coming out of the prison system.”

Juanessa is the mother of four children and has two grandchildren. Ann Forbes, director of the Alcohol/Drug Helpline, adds that “the Alcohol/Drug Helpline is proud to have been a part of this dedicated woman’s life.”

Michael Arrington and Okanogan Behavioral Healthcare



I began to start using alcohol and marijuana heavily when I was 16 years old. I later figured out that both my father and my brother were also chemically dependent. I became involved with the judicial system many times because of my alcohol and other drug use. At one

point my mother stated that she could wallpaper her living room with the newspaper articles from my arrests.

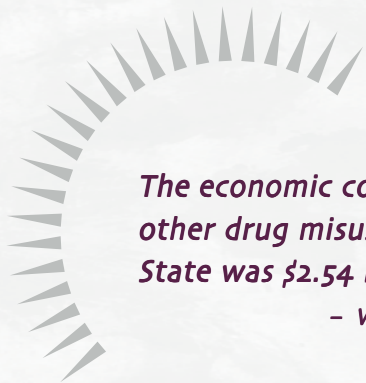
My addiction, like most addictions, progressed over the years from smoking marijuana, to snorting and smoking cocaine, to eventually using intravenous drugs. Every time I completed a treatment program, I would justify and rationalize my reasons for using drugs, yet deep down, I knew I was addicted and could not see a way out.

In 1988, after receiving my ninth DUI, I was sentenced to attend treatment at Okanogan Behavioral Healthcare for 21 days. I was assigned a counselor that I will never forget. Her name was Bobbie, and she was the meanest, most confrontational person I had ever met. She was just what I needed. I did relapse a few more times but my counselor never gave up on me, even when everyone else had.

I continued to work with counselors and attend 12-step support groups (and still attend meetings). My counselor helped motivate me to enter college. I wanted to give back what I had taken from society and my community.

After completing an internship at the same agency I was a patient at two years prior, I went on to become a Qualified Chemical Dependency Counselor in 1992. After working at a juvenile facility in 1998, I became a supervisor at Okanogan Behavioral Healthcare, and the first employee to welcome me aboard was Bobbie, my old counselor.

I believe that I have truly come full circle in my recovery from drug dependency. I continue to utilize a variety of community support programs and healthy friends to maintain my recovery. My life is wonderful now; I am married with two children who have never seen me use chemicals. Most of all, I have my life back. Recovery truly is regaining your life.



The economic costs of alcohol and other drug misuse in Washington State was \$2.54 billion in 1996 .

– Wickizer, 1999

There was a 94% increase in employment rates between admission to treatment and the six-month follow-up of Washington ADATSA clients – those deemed unemployable because of alcoholism or drug dependency.

– Carney & Donovan, 2000

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<div>* 3 National Night Out, Contact National Association of Town Watch (800) NITE-OUT or www.natw.org.</div> <div>* 3-6 American Cancer Society’s Camp Speak Out! (Youth leadership camp for cancer/tobacco prevention and teen health). Auburn. Contact: 1-800-ACS-2345 or www.cancer.org</div>						
8	9	10	11	12	13	14
15	16	17	18	19	20	21
<div>* 18-20 19th Annual Merrill Scott Symposium on Alcoholism and other Drug Addictions, Yakima. Contact: Sundown M Ranch, (509) 457-0990 or www.sundown.org</div>						
22	23	24	25	26	27	28
<div>* 22 - 25 17th Annual National Prevention Network Prevention Research Conference. Kansas City, MO. Contact: Sue Carlson at (405) 325-1447, scarlson@ou.edu or www.nasadad.org.</div>						
29	30	31				

Addicts Can Rewrite Lives



By Deidre Jacobsen

I entered the classroom with shaking knees and sweaty palms to facilitate my first writing group at American Behavioral Health Systems in Spokane. I am an eldercare social worker and was on contract to work with a group of addicted women in recovery.

They eyed me skeptically. I said “I want you to write a memory from your childhood.” “I don’t remember my childhood,” a gruff-voiced woman responded. “I don’t want to remember mine,” a young woman announced.

“Write about yesterday then, anything on your mind. I just want you to write,” I said. One by one, the heads dropped and the pens began to fly.

“Who wants to share what they wrote?” Downcast eyes and curious faces met my pleading looks. No one volunteered. Finally, a young woman with multiple nose and tongue rings began to read.

“We lay for what seemed like hours locked in the den, as my father cursed and sent bullets through the glass of the windows. He was drunk that night and mom said something to start a fight. He exploded. He said he was going to kill us, mom, and my little brother and me. I don’t ever remember being more scared than that night. The police finally came and I didn’t see my dad for two years after that.”

Tiny tears seeped from the corners of her eyes. She started the ball rolling. “I’ll go,” another woman said, and began to read about the suicide of her twin sister. These women (and later a men’s writing group) shared their stories of pain and grief, and how addiction

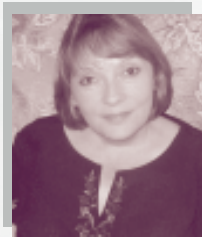
entered their lives with all the horrors it brings. As they wrote about their past, their present, and their future, I learned of a miracle. It’s called treatment.

I asked them to write their goals. “Clean and sober forever.” “I want my children back, a good job.” “I dream of a home of my own.”

Treatment programs save lives. I witnessed firsthand the transformation from despair to hope, from failure to victory and from lost to found. I now believe in treatment and recovery. I read in the paper and see on the news stories about meth labs, gangs in Spokane, and more police, more jails, longer sentences, harsher punishment.

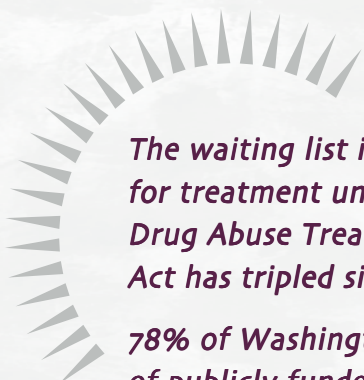
But I know what we need. We need miracles in addicts’ lives. Through treatment, miracles can happen for these people we fear. Then we need fear them no longer.

Cindy’s Story



Fifteen years ago, I was using heroin and methamphetamines daily. I lost my job, home, daughter, and self- worth due to my chemical dependency. I had committed four felonies and served approximately six months in jail for drug related charges. Prior to entering Meridian Recovery Services, I had one prior outpatient treatment experience, which I did not complete. I believed that I deserved the life that I was living and I did not know that I deserved anything better. The treatment that I received taught me how to stay clean and live life on life's terms. Treatment showed me that I was a capable, honest and empathatic individual who deserved recovery and could be a success at whatever I chose to do.

Today, I am clean and sober for fifteen years. I have completed a BA degree with a 3.9 GPA. I have a home, a full-time job, and have paid full restitution for all prior crimes that I committed while using drugs. But the most significant miracle of my recovery is the effect that it has had on my daughter and my relationship with her. My daughter is currently working on her Ph.D. My recovery has allowed me to model for her responsible living, and the belief that she is a successful person worthy of love and support. And if you asked her today who her hero is, she would tell you that it is me.



The waiting list in Washington State for treatment under the Alcohol and Drug Abuse Treatment and Support Act has tripled since 1991.

78% of Washington’s parents in need of publicly funded treatment do not receive it.

– 2003 Washington State Drug Trends Report

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
* National Alcohol and Drug Addiction Recovery Month Contact: Center for Substance Abuse Treatment (301) 443-5052, Website: www.recoverymonth.gov			* 1-2 Tribal Gathering Contact: Sandra Mena, DASA, (360) 407-1112			
5	6	7	8	9	10	11
	Labor Day					
12	13	14	15	16	17	18
	* 13-14 Co-Occurring Disorders Conference, Yakima Convention Center Contact: DASA Training Section 877/301-4557 25% of patients discharged from state hospitals had a co-occurring disorder or a drug/alcohol diagnosis only – (Maynard & Cox, 2003)				* 18-19 Substance Abuse Prevention Specialist Training of Trainers, Skills Development Workshop. Western WA. Contact: DASA Training at 877-301-4557 or grunedd@dshs.wa.gov	
19	20	21	22	23	24	25
	* 20-24 Substance Abuse Prevention Specialist Training, Eastern WA, Contact: Dixie Grunenfelder, 877-301-4557 or grunedd@dshs.wa.gov.				* 25 - 27 10th Annual Youth Treatment Conference, Cispus Learning Center, Randle. Contact; Sabrina de la Fuente, (206) 517-0228.	
26	27	28	29	30		

S e p t e m b e r

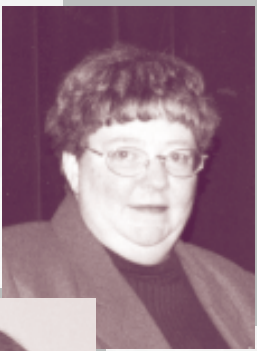
2003 Washington State Exemplary Prevention Awards

Promoting research-based prevention approaches and recognizing exemplary programs is a priority among prevention leaders in Washington. Congratulations to the following individuals, programs, and media partners who received awards from Lt. Governor Brad Owen during the 2003 Prevention Summit:

- Exemplary Programs: Snoqualmie Tribe Canoe Journey Project (Carnation); Project We Can (WWU, Bellingham).
- Exemplary Groups/Coalitions: Adams County SPARC (Ritzville); Seeds of Change - Partners for a Drug Free Community (Langley).
- Peer Recognition: Ramona Leber (Longview); David Funk (Grand Coulee).
- Media Awards: Ron Hall, The Islands' Weekly (Lopez); Cliff Johnson, Clear Channel Outdoor (Seattle); Kerry Moor, Viacom Outdoor (Seattle).
- Committee's Choice: Northwest Cable News (Seattle); Sleep Country USA (Kent).



Sandy Aikens, Seeds of Change



Donna Sovern, Sleep Country U.S.A.



Cliff Johnson, Clear Channel Outdoor



Pat Fabiano, Project We Can



Ron Hall, The Island's Weekly



Kelly Moor, Viacom Outdoor



Ramona Leber



David Funk

Adams County SPARC



Snoqualmie Tribe Canoe Journey



Two-thirds of Washington 8th graders say alcohol and tobacco are easy to get. - Healthy Youth Survey

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>* Crime Prevention Month Contact: National Prevention Council (800) WE PREVENT Website: www.ncpc.org</p> <p>* Domestic Violence Awareness Month Contact: 24 Hour Alcohol/Drug Help Line (800) 562-1240 Website: www.ncadv.org</p>					1	2
3	4	5	6	7	8	9
<p>* 4-6 11th Annual Joint Conference on Health, Wenatchee Convention Center, Wenatchee Washington, www.wspha.org</p>						
10	11 Columbus Day	12	13	14	15	16
17	18	19	20	21	22	23
<p>* 19-25 National Collegiate Alcohol Awareness Week Contact: BACCHUS (303) 871-0901 Website: www.bacchusgamma.ore/event.asp</p>			<p>* 21 DASA Citizens Advisory Committee Meeting, Yakima (360) 438-8053</p>		<p>* 23-31 National Red Ribbon Week Contact: National Family Partnership (800) 705-8997 Website: www.redribbon.org</p>	
<p>* 20 - 23 Washington State Prevention Summit, Yakima Contact: Division of Alcohol and Substance Abuse (877) 301-4557</p>		26	27	28	29	30
24 31	25					

O c t o b e r

Prevention Works: Ferry County
Children Against Drugs (CADS)
Youth Group Program Director: Judy Neal

CADS serves youth between the ages of 9 and 16. Youth meet weekly to talk about risk factors of substance abuse, listen to guest speakers, and participate in peer counseling, community service projects, and fun.

One of the important program outcomes is that the youth learned to trust. This allowed them to learn, for they believed the facts being presented to them. Because they felt safe, they began asking questions about things that they saw and heard in their daily routine, allowing us to bring in professionals to address their concerns. The group learned to be very supportive of each other and to confront each other about the choices they were making, especially around the issue of dating.

Two of our youth have been in the group for four years now. These two will be sophomores in high school next year and still plan on being part of the group. These girls are both popular at school and I would like to think that their participation in CAD's has helped them to make good choices, something their other friends have not done.

Here's what some of our youth have said about what they learned in CADs:

- ❑ "I was unaware that first-time users could die."
- ❑ "This group taught us to be tolerant of other people."
- ❑ "The confidentiality terms made me feel safe that the issues wouldn't leave the room and put my mind to ease."
- ❑ "I loved when we went to the meth project - I really learned a lot".
- ❑ "This year's CAD's program was fulfilling, fun and educational."



Detective Hoyle of the Kent Sheriff's Department gives an orientation on Meth labs to CADS youth.



Ryan, Katie and Amanda get hands-on experience on the methods used to test chemicals for meth.

For every dollar spent on drug prevention, communities can save \$4 – \$5 dollars in costs for drug treatment and counseling.
– National institutes of Health, 1997

The percentage of Washington students reporting alcohol use decreased from 47% to 35% after participating in school-based prevention programs.
– Deck, 2002

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11 Veterans Day	12	13
14	15 * 15-19 Substance Abuse Prevention Specialist Training, Western WA. Contact: Dixie Grunenfelder, 877-301-4557	16	17	18 * 18 Great American Smokeout Contact: American Cancer Society (800) ACS-2345 Website: www.cancer.org and www.quitnet.org	19	20
21	22	23	24	25 Thanksgiving Day * "Tie One On For Safety" Campaign Thanksgiving Day through New Year's Eve Contact: www.madd.org	26	27
28	29	30				

Reducing Underage Drinking Initiative (RUAD):

In 1998, the Washington State Coalition to Reducing Underage Drinking (RUAD) was established to oversee the implementation of program components delineated in Washington State’s proposals to the Office of Juvenile Justice and Delinquency Prevention (OJJDP) Enforcing the Underage Drinking Laws (EUDL) program.

Since 1998, over \$2.2 million dollars has been awarded to Washington State. EUDL funding to Washington State supports programs such as; compliance checks of retail liquor outlets, training to merchants on recognition of fake ID, police emphasis patrols, media campaigns, education to minors about the consequences of underage drinking, and school-based alcohol prevention best practice programs.

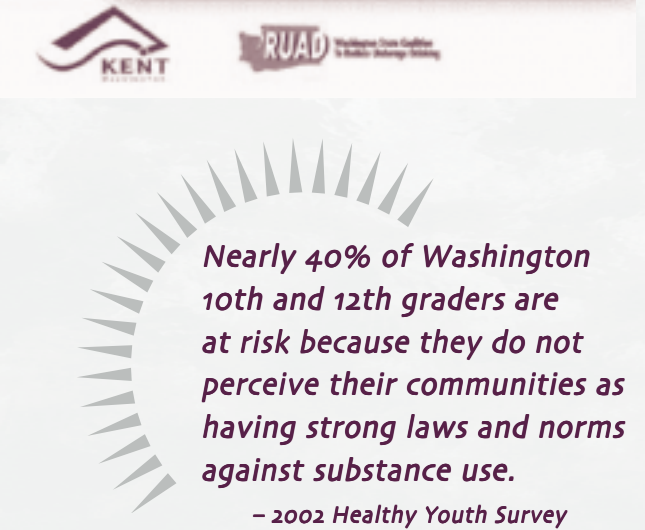
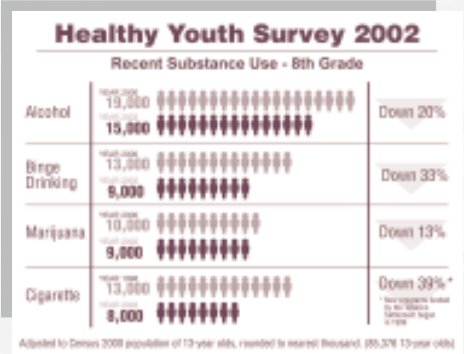
We are seeing positive changes in underage drinking. In the 2003 Washington State Healthy Youth Survey, significant reductions in 30-day use of alcohol and binge drinking were reported among students in grades 6, 8, and 10 and 12. Though progress has been made at addressing underage drinking, and there are fewer Washington minors drinking than in previous years, there is still work to be done.

The communities currently receiving EUDL funds in Washington State include Mason County, City of Kent, Kitsap County, Washington State University, Western Washington University, Chelan-Douglas Counties, Benton-Franklin Counties, Grays Harbor County, Grant County, Spokane County, and the City of Mabton in Yakima County.

For additional information about Washington State’s Reducing Underage Drinking program, contact Aaron Starks with the DSHS Division of Alcohol and Substance abuse at 360-438-8212 or by e-mail at starkaj@dshs.wa.gov.

A RUAD Success: Benton and Franklin Counties

The Benton-Franklin Traffic Safety Task Force is a multi-agency group consisting of local law enforcement, the State Liquor Control Board, B-F Juvenile Justice Department, B-F Substance Abuse Coalition, and B-F Safe Kids Coalition. In August 2003 this group took action to address an alarmingly high access to alcohol by minors in their community by conducting a Liquor Licensee Training.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>* National Drunk and Drugged Driving Prevention Month Contact: National 3-D Prevention Month Coalition (202) 452-6004 Website: www.3dmonth.org</div> <div>* Holiday Drinking Awareness Kit Contact: National Council on Alcoholism and Drug Dependence, www.ncadd.org/programs/awareness</div>			1	2	3	4
			5	6	7	8
			<div>* 7-9 17th Annual Impaired Driver Traffic Safety Conference. Seattle. Contact: Washington Traffic Safety Commission, (360) 753-6197</div> <div>* 9 17th DASA Citizens Advisory Council meeting. Contact: (360) 438-8053</div>			
12	13	14	15	16	17	18
19	20	21	22	23	24	25
						Christmas Day
26	27	28	29	30	31	

DASA's Student Employment Program

The DASA Student Employment Program provides office trainee level job experience opportunities to students from six Thurston County high schools. The goal of the program is to work with students to create a successful work environment where they can learn and establish a solid work ethic vital to successful career goals.

The unique piece of the program is in the selection of the students. Many of the students are experiencing challenging life circumstances (low family income, poor school attendance and/or grades, student w/child, involvement with juvenile court, no work experience, etc.). Experience and success in the program builds student's confidence in their workplace abilities, and it is anticipated that students will transfer this confidence into school performance. The realization of the two being tied together usually increases school performance (i.e. no school performance, no job!).

In the past four years nearly 30 students have participated in the program.



Mony Leap, now in her fifth month as an intern, says this program has helped motivate her to be a good citizen, to do well in school and to make better choices. Mony adds, “working here at DASA has given me the experience I need to achieve my future work goals...”“Thanks for having faith in me!”



Erin Johns had potential life-threatening medical issues along with financial struggles that occasionally left her family on the brink of having their power and water shut off, or worse, being evicted. Nevertheless, she was determined to do something her mother was unable to do...graduate from high school. During her year at DASA she worked for five different sections and established herself as a young lady with an excellent work ethic. She personally shared that her experience at DASA helped her realize that “there is more than one path I can choose and still achieve my goals.” She also stated that working at DASA “gave me the confidence I now have in myself”. Erin earned an academic scholarship and is now attending South Sound Community College where she is simultaneously studying two career paths.



Jennifer Wheat, who’s been an intern for a year, says that this job has taught her time management and how to be responsible. She adds, “I work well in this type of environment and I feel that this experience has made me more mature.” Jennifer also shares that she has gained many good work habits and skills that she will be able to use later in life.



2003 Passionate Youth Professional Awards

In September, the DASA 2003 Passionate Youth Professional Awards, named after Richard Rivera and Thelma B. Robinson, were presented to eight highly valued youth treatment staff from a variety of treatment settings.

Richard Rivera Awards were given to:

- Bill Pierpoint from Providence St. Peter Hospital
- Ryan Pinto from the Juvenile Rehabilitation Administration
- Bryan Cussons from Sundown M Ranch
- Johnny Ohta from Ryther Child Center

Thelma B. Robinson Awards were given to:

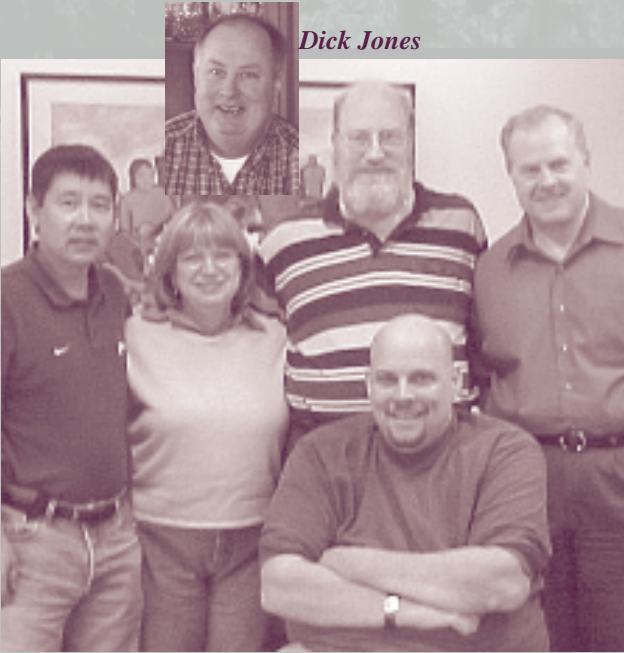
- Vicki Stark from Perinatal Treatment Services
- Cathy Werden from Northwest Alternatives
- Denise McGaughey from Educational Service District 114
- Karina Ray from Ruth Dykeman Children’s Center

DASA Regional Administrators and Program Contacts

Name/Phone	Counties Served	Federally Recognized Tribes
Ray Antonsen - Region 1 (509) 329-3733; FAX (509) 329-3728 E-Mail Address antonrf@dshs.wa.gov Shelli Young, Regional Prevention Manager (509) 329-3734 Steve Brown, Regional Treatment Manager (509) 225-6232 Mary Testa Smith, Certification Specialist (509) 329-3735	Adams, Chelan, Douglas, Ferry, Grant, Lincoln, Okanogan, Pend Oreille, Spokane, Stevens, Whitman	Colville Confederated Tribes, Kalispel Tribe of Indians, Spokane Tribe of Indians
Ella Hanks — Region 2 (509) 225-6196; FAX (509) 575-2903 TTY (509) 575-2009 E-Mail Address hanksem@dshs.wa.gov Oscar Buckley, Regional Prevention Manager (360) 407-1108 Steve Brown, Regional Treatment Manager (509) 225-6232 Mary Testa Smith, Certification Specialist (509) 329-3735	Asotin, Benton, Columbia, Franklin, Garfield, Kittitas, Klickitat, Walla Walla, Yakima	Yakama Indian Nation
Dick Jones - Region 3 (360) 658-6893; FAX (360) 651-6124 TTY (To be assigned.) E-Mail Address jonesde1@dshs.wa.gov Pam Darby, Regional Prevention Manager (360) 407-0777 Edie Henderson, Regional Treatment Manager (360) 658-6862 Jill Cowan, Certification Specialist (360) 658-6861	Island, San Juan, Skagit, Snohomish, Whatcom	Lummi, Nooksack, Samish Nation, Sauk Suiaattle, Stillaguamish, Swinomish, Tulalip, Upper Skagit
Harvey Funai - Region 4 (206) 272-2156; FAX (206) 298-4443 TTY (206) 298-4408 E-Mail Address funaihm@dshs.wa.gov Deb Schnellman, Regional Prevention Manager (360) 438-8799 Bob Leonard, Regional Treatment Manager (206) 272-2188	King	Muckleshoot, Snoqualmie
Jim Friedman - Region 5 (253) 983-6066; FAX (253) 983-6062 TTY (253) 476-7002 E-Mail Address friedjr@dshs.wa.gov Tom Pennella, Regional Prevention Manager (360) 438-8494 Pam Sacks, Regional Treatment Manager (253) 476-7058 Darryl Streets, Certification Specialist (253) 476-7026	Kitsap, Pierce	Port Gamble S’Klallam, Puyallup, Suquamish
John Taylor - Region 6 (360) 438-8214; FAX (360) 438-8078 TTY (360) 438-8203 E-Mail Address tayloje@dshs.wa.gov Scott Waller, Regional Prevention Manager (360) 438-8093 Ruth Leonard, Regional Treatment Manager (360) 438-8079 Julian Gonzales, Certification Specialist (360) 438-8082	Clallam, Clark, Cowlitz, Grays Harbor, Jefferson, Lewis, Mason, Pacific, Skamania, Thurston, Wahkiakum	Confederated Tribes of Chehalis, Cowlitz, Hoh, Jamestown S’Kallam, Nisqually, Quileute, Quinault Nation, Shoalwater Bay, Skokomish, Squaxin Island, Lower Elwha Klallam, Makah,



Ella Hanks meets Governor Locke during his recent tour of the Yakima Community Services Office.



(Left to Right) Harvey Funai, Ella Hanks, Jim Friedman, Ray Antonsen, and John Taylor (Front Row)

2004 DASA Calendar of Events and Success Stories

A publication of The Washington State Department of Social and Health Services

To request additional copies of this calendar,
contact the Washington State Alcohol/Drug Clearinghouse at 1-800-662-9111, in Seattle at (206) 725-9696,
or by email at clearinghouse@adhl.org

This publication is also available on our website at www1.dshs.wa.gov/dasa

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1-800-562-1240
(206) 722-3700